



Free Issue

# Bulletin

## Salt Water Anglers of Bergen County NJ



September 2013

At The American Legion Hall, Post # 170, 33 West Passaic Street, Rochelle Park, N. J.

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[www.swabc.org](http://www.swabc.org)

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Club member Frank Rella holding two nice fluke caught on Matt Christensen's boat. Unfortunately, Frank sustained damage to his boat while sailing out of Twin Lights marina during our club's fluke tournament.



**Weird But True  
(from NY Post Aug.12<sup>th</sup>)**

It takes balls to go swimming in the strait that separates Sweden and Denmark. Men have been warned to keep their bathing suits on after a local fisherman caught an 8-inch long Pacu-a fish that has the reputation of dining on testicles

Reel Fun fishing trip Caught some really nice keeper fluke in the 3 - 4 lb range with about 20 or so throwbacks John, Rich and Barry.



*Good fishing, good friends.*

*That's what SWABC is all about*

*The Best Fishing Club in NJ*

The regular meetings will be held on the third Tuesday of the month, at 8:00P.M. The only meeting that is not held at the Legion Hall on Tuesday will be the night of the Past President Dinner. That month is March. A \$5 fee is required, for non-members, this entitles them to the 50/50 drawing, refreshments, snacks, and some new tricks about fishing. Welcome all; we hope you enjoy the evening.

### President's Corner

For our club's 2013 2<sup>nd</sup> Annual Fluke Tournament, we had 37 boats entered into it, five more than the 32 boats we had during our first year in 2012. This is an achievement considering the destruction of an estimated 25,000 or more boats or more that were damaged or totally destroyed because of Hurricane Sandy! All of us on the water have witnessed less boats fishing at locations at prime areas for fluke. Fishing tournaments sponsored by a number of clubs have either canceled their tournaments or have been reporting less participation. We owe a lot of the success of our tournament to club member **Mark Capalbo** who drove to many fishing tackle shops and Captain meetings of other tournaments to distribute our tournament application forms. Mark was **THE MAN** who made it happen and I and all of our club members owe him a big **THANK YOU MARK!**

We also had a Captain's meeting that was held at the Twin Lights Marina and Tom Tyls, Jim Galanaugh Jr., Dennis Nieradka, John Toth and myself signed up the applicants for our tournament and Managers Wayne O'Brien and Mare could not do enough to make all of us feel welcome at their marina. We had weigh-in stations at the Fisherman's Den in Belmar, Twin Lights and Clarks landing in Point Pleasant. Jim Galanaugh Jr., Dennis Nieradka, Dan Eberle, Jim Piombino John Toth and myself worked at these ports to weigh and record the fish and I also offer a **Thank You** to these members who helped to make our tournament happen

Getting tournaments like this takes some time to get it off the ground. We are still learning how to improve it and we have more ideas to increase participation in it. Once it gets going and more anglers become accustomed to it, it can be a fun thing for our club to do and it can also generate revenue to promote other activities for our club. We look forward to our 3rd Annual Fluke Tournament in 2014!

The winners of our tournament follow:

**First Place Winner – Chris Wilson – Nutley, NJ**

**6.8 lb. 26 inch fluke - \$2, 575 Payout**

**Second Place Winner – John Contello Jr. – Hazlet, NJ**

**6.8 lb. 25 ½ inch fluke – \$1, 675 Payout**

**Third Place Winner – Keith Rietema – Ringwood, NJ**

**6.6 lb. 26 inch fluke - \$400 Payout**

**A total of \$4, 650 was awarded to the winners of this tournament**

**All payouts include Calcutta's of \$25 & \$50**

The winners of our tournament were presented with their winnings at our August 13<sup>th</sup> Board meeting. The second place winner, John Contello, even donated \$200 back to our club as a donation since he was so happy to receive this type of payout. **Thank You John!**

### Welcome Aboard!

We have three new members and they are:

**Charles Larkin PHD – Rutherford, NJ**

**Robert Handschuh – Rutherford, NJ**

**William Handschuh – Hackensack, NJ**

### August 20<sup>th</sup> Meeting Recap

Our speaker for this meeting was Meredith Comi from NY/NJ Bay-keeper who gave an excellent presentation on this organization's efforts to seed oysters near the Earle pier and other locations to bring oysters back where they once were very prevalent in our waters. Oysters also have a cleansing effect on our waters and they are important in the overall ecosystem of our ocean.

August also is a great time to have corn for our meeting and a Big Thank You goes to **Walter Amos** who donated the corn for our meeting! A thank you also goes to our members who helped shuck the corn including Dolly, Bill Fish's daughter. Barry Paull did his usual fine job in preparing our meeting's food and he needed a sweatband while cooking up the corn.

### September 17<sup>th</sup> Meeting – Jeff Dement - American Littoral Society

Jeff has a power point presentation to show us about the life cycle about American eels. It is amazing how far these eels travel to breed and how they fit in our oceans with other fish and ocean creatures. Jeff has also been very involved in the Littoral Society's fish tagging program and he has also been on our Youth Out-Reach fishing trip on the Mi-Jo this past June showing kids how he tags fish and the importance of this fish tagging program.

### Ice that Fish for \$335!

Mark Capalbo was fishing on the crowded Ocean Explorer and he was in the pool. Mark caught a fluke that was about 6lbs., but he also noticed another angler that caught a fluke that looked like the same size as his or perhaps even bigger. Mark placed his fluke in his cooler that had ice in it with some salt water. The other angler placed his fish in his cooler, but it had no ice or water in it. When it came time to weigh the fish for the pool, Mark knew it was going to be a close call since his fish did not seem to be bigger than his contender. Mark won the pool by only one ounce! **The pool was \$335!** Given a hot summer day and just throwing a fluke in a cooled with no ice or water can cause a fish to lose some weight, not that much but enough to make the difference in a close call like in Mark's incident. So, using ice and some salt water can help to win a pool in close call scenario and the other sure benefit is that cold fish are a lot easier to fillet than on that ones that are warm and mushy. And lastly, Congratulations Mark and we will be seeing you at the American Legion's bar during our September meeting!

## SWABC Items for Sale

At our meeting, these items that are available and we will take orders from members on what you want to purchase. Also, if you have any new ideas for new fund risers for our club, including special fishing trips, Please let us know.

*Large & Extra Large Tee Shirts - \$10 each 2 Extra Large & 3 Extra large Tee Shirts - \$15 each*

(For an extra \$5.00 you can order club shirts with a large club logo on the back, and you can have your name, the even,type of fish you caught, size and date to this logo!)

*SWABC Hats - \$10, SWABC Bait pail & lid - \$3, Hand Towels with clip - \$3, Bumper Stickers \$1, Window Stickers 50 cents.*



### 4 more dolphins found dead along Jersey Shore in past day

By Star-Ledger Staff and Wire Reports - August 20, 2013 at 7:28 PM

Dolphins swim in the Navesink River near Red Bank in this 2012 file photo. Ed Murray/The Star-Ledger Three dolphins turned up dead off the Jersey Shore this morning and one more washed up Thursday, increasing the total to 25 since July 9, according to a report on Philly.com. Two of the dolphins came ashore near Avalon and one appeared in Lower this morning. The fourth washed up Thursday in Ocean City, the Inquirer reported. That dolphin had not yet died, but a passing shark then bit it and killed it, the report said. Four of the first 21 had pneumonia and one tested positive for a measles-like virus known as morbillivirus. The New Jersey Department of Environmental Protection issued a statement Thursday saying the water is not to blame. "While the underlying cause of the deaths has not been confirmed they appear to be part of a natural disease cycle and not related to water quality, which has been excellent this summer. "Dead dolphins have appeared off of Monmouth, Ocean, Atlantic and Cape May counties this summer. Dolphins off the Virginia coast are having an even tougher time. Five beached dolphins were found in Virginia alone on Thursday. In July, nearly four dozen dead dolphins were found, mostly in Norfolk and along the southern part of the Chesapeake Bay. That's up from the typical six or seven usually picked up in July by the Virginia Aquarium Stranding Response Team. Delaware and Maryland also have seen an uptick in dolphin deaths. According to The Press of Atlantic City, 10 dead dolphins were picked up in Delaware between June and early July, when in a typical year only five or six are recorded. In Maryland, authorities said a spike had been noticed but exact numbers of deaths were not known. The National Oceanic and Atmospheric Administration has sent inquiries to stranding centers along the East Coast to determine whether spikes have been seen elsewhere. In New Jersey, initial necropsy results have pointed to pneumonia, but Maggie Mooney-Seus, spokeswoman for NOAA's National Marine Fisheries Service, was not ready to connect Virginia's die-off to what may be affecting dolphins in other states. "We don't know at this point what has caused the upswing," she said. "Virginia is higher than New Jersey, but we don't know anything particular because we're still collecting data. "Virginia's stranding team says the elevated numbers are reminiscent off the mass deaths that occurred in 1987, when more than 750 carcasses washed ashore from New Jersey to Florida. A few years later, morbillivirus — similar to measles — was determined to be the culprit, as dolphins exhibited symptoms associated with measles and pneumonia." It's eerily familiar," Susan Barco, research coordinator for the Virginia Aquarium & Marine Science Center of the recent stranding's. "That is one virus we're looking for now."

### Deaths of 6 dolphins along Jersey Shore could be tied to commercial fisherman

Last week a pod of dolphin travel south just beyond the swimming area in Asbury Park. Six dolphins were found dead off the coast of Ocean County and Cape May County in recent days. (Andrew Mills/The Star-Ledger)

By The Associated Press - August 20, 2013

**SHIP BOTTOM** — Officials are trying to determine if the deaths of six dolphins along the New Jersey shore in one week are linked to commercial fishing. The first washed up on Long Beach Township on July 18. Two were found in Holgate and Barnegat Light on Monday. Two more turned up on Wednesday in Holgate and Ocean City. The last was found in Ship Bottom on Thursday. Bob Schoelkopf of the Marine Mammal Stranding Center tells The Press of Atlantic City one dolphin had a knife wound running from its neck down its stomach. Two others showed signs of being ensnared in fishing net.

Officials are awaiting results of necropsies.

## JCAA Fluke Tournament

The JCAA Fluke Tournament was held on August 24<sup>th</sup> and a total of 328 boats were entered into this tournament, including some of our club members. The 328 boats is the lowest number of boats since the JCAA has been running this tournament, most likely due to Hurricane Sandy that destroyed or damaged 50,000 boats in our state. The weather was also horrible and that factor did not help for more boats entering into the tournament.

The largest fish was 10.55 lbs., that was entered at Clarks Landing in Point Pleasant and the second largest was an 8.94 lb. fish that was weighed in at the Long Beach Island weigh station. Each of these anglers will receive \$1,200 prize money to share with the anglers who were on their boats. The JCAA Awards Ceremony for the winners of the contests held in 10 ports will take place at the Golden Nugget in Atlantic City on September 6<sup>th</sup> with about 1,000 anglers that will attend it.

### **Cheesy /Garlic/Fresh Basil Fluke – By John Toth (A very nice way to prepare fluke that is very tasty)**

#### **Ingredients:**

- Fluke –1 ½ to 2 lbs. fillets (or sea bass, ling) – if cod or Pollock is used, cut the thick fillets in half so that they are not too thick)
- 1 ½ TB. Basil (dry)
- 1 TB. Minced garlic
- 1 Tsp. minced lemon peel (cut the rind off a fresh lemon and chop very fine if you do not have a grater for the peel)
- ¼ Cup of white wine
- Ground white or black pepper to taste (prefer white)
- Salt to taste (cheese has salt in it already – did not add it)
- 2 TB. Butter – cut up in small pats
- ½ Cup of fresh basil leaves coarsely chopped
- 6 TB. Grated Asiago cheese, divided – use Parmesan if you don't have Asiago

#### **Preparation:**

1. Preheat oven to **355** degrees
2. In a small bowl, combine the dry Basil, Garlic, Lemon Peel, and wine and let soak for 5 minutes – mix well
3. Arrange the fish in an oven proof-baking dish, 13 inches by 9 inches.
4. Pour the spice mixture over the fish and sprinkle with pepper & salt
5. Dot the fillets with butter and top with fresh basil
6. Sprinkle 4 TB. of Asiago or Parmesan cheese and bake for 20 – 25 minutes depending on thickness or until fish flakes easy with a fork (do not overcook)
7. Take dish out of the oven and sprinkle with the remaining 2 TB. of cheese and serve.

Chilled white wine and salad goes good with this, makes nice juice with French bread etc., on the side. ENJOY

## **Upcoming Fishing Trips 2013**

At this point, we have only one charter scheduled for early November and we may have more during September and October. If we do, they will be announced at our meetings or placed on our website ([www.swabc.org](http://www.swabc.org)). The following information on boats and their captains is listed since these captains have given presentations at our meetings on fluke and other species and we have been generally pleased with their trips.

### **Saturday – November 2<sup>nd</sup> – Striped Bass – MiJo – Andy Dixon (201) 843-8115**

**Reel Fun Fishing Charters** – Captain John Koliass sailing from Twin Lights marina in the Highlands. Captain John has given us a presentation on fluke (May meeting) and members interested in sailing with him can call him directly at (908) 421-4761 or either Jim Zimmer (201) 666-5423 or John Toth at (732) 656-0139.

**Reel Class Fishing Charters** – Captain Allen Gonzalez sailing from Point Pleasant is also running fluke trips (he has been at our club giving presentations about catching fluke) and members interested in sailing with him can contact him directly at (201) 248-5281 or Jim Zimmer at (201) 666-5423.

**Fins on Feathers Charters** – Captain Frank Tenore sailing from Leonardo and Frank can be reached at (973) 763-2876 or his cell at (973) 722-0396, or through Jim Zimmer at (201) 666-5423 or John Toth at (732) 656-0139.

### **Hudson River Fishermen's Surf Tournament – Over \$3,000 in Prizes**

The HRFA will be holding its surf tournament on Saturday, October 26<sup>th</sup> at Seaside Park, NJ. Teams or individual anglers can enter this tournament. For more info, call Carl Hartmann at (201) 481-4390 or go to [WWW.HRFA.US](http://WWW.HRFA.US)












# Tournament, Contests & Derbies

There are some very nice fish being caught don't forget to submit your Affidavit!

## 2013 Big fish of the Year Derby



Our 2013 fishing season is starting and below is the species and minimum weights for members to enter our club's Big Fish Contest. Whoever catches the biggest fish in one of these categories wins bragging rights for the biggest fish caught. Fish can be entered throughout the year and even for the same specie. For example, if you caught a blue fish in May, but bigger one in October, you could re-enter the bigger one caught in October to replace your smaller blue. See Tom Tyls at our meetings to receive affidavits to participate in this contest. Affidavits for this contest can be also found on our website [www.swabc.org](http://www.swabc.org). Good fishing and good luck!

	SPECIES	MIN. WEIGHT	TOTAL WEIGHT	ANGLER
	BLACKFISH	5		
	BLUEFISH	12		
	COD FISH	10	17.25 lbs.	Tom Siciliano
	FLOUNDER	1 1/2	2 lbs. 5 oz.	Harry Vogt
	FLUKE	4	7 lbs.	Matt Christensen
	LING	2		
	POLLOCK	10		
	PORGY	1 1/2		
	SEA BASS	2	3lbs 11.5oz	Tom Siciliano
	STRIPED BASS	12	41 lbs.	Chris Zeman
	WEAKFISH	2		

## Support our Sponsors

On the back of our newsletters, we show sponsors who support our club and when you patronize them, please say that you are a member of our club. For example, Meltzers and the Ramsey Outdoors fishing stores sell tackle to us for our Dark Horse prizes at a discount and they even donated prizes for our Past President's Dinner. It is good for them and for our club to tell them when you buy gear that you are a member since they will know that we are supporting them. Always have your membership card available to possibly get a discount on your purchases. Our sponsors also include other businesses and boat captains, so please patronize these businesses who are sponsors our club.

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### Membership Application for the Saltwater Anglers of Bergen County

*Mail To: American Legion Hall Post # 170, 33 West Passaic Street, Rochelle Park, N.J. 07622*  
Please enclose a check or money order in the amount of \$30.00 for a one-year membership, into New Jersey's  
**#1 Salt Water Fishing Club.**

Name \_\_\_\_\_

Address \_\_\_\_\_

Home/Business Ph #. \_\_\_\_\_

E-mail Address \_\_\_\_\_